



Astrid Baumgardner  
COACHING + TRAINING

Inspiring Change | Empowering Success

### **Astrid Baumgardner**

Astrid Baumgardner loves helping creative people to be successful! A lawyer, career coach, speaker and author of the book, [\*\*\*Creative Success Now\*\*\*](#), she teaches creativity and career entrepreneurship at Yale University's School of Music where she coaches musicians and arts leaders on career success. A professional speaker, Ms. Baumgardner recently gave a TEDx talk on [\*\*\*Cracking the Code on Creativity: The Secret to Full-Blast Living\*\*\*](#).

As president of her coaching company, Astrid Baumgardner Coaching+Training, she coaches and guest lectures on creative success at conservatories and summer festivals including The Juilliard School, Norfolk Chamber Music Festival, Sō Percussion Summer Institute and Idyllwild Arts. She also conducts leadership training workshops at Opera America and Ensemble Connect, the teaching artist academy at Carnegie Hall. An amateur pianist and lover of the arts, Ms. Baumgardner lives in New York City where she enjoys the diversity of cultures and the lively performing arts scene.

For more information, please visit <https://www.astridbaumgardner.com>.